

## **NBRC Lap Pool**

## March 28-May 1

Pool schedule is subject to change. Please check the bottom of the page for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0.00							
6:00am	<b>Lap Swim</b> 6:00-9:00	<b>Lap Swim</b> 6:00-8:00	<b>Lap Swim</b> 6:00-9:00	<b>Lap Swim</b> 6:00-8:00	<b>Lap Swim</b> 6:00-9:00	Lap Swim	]
6:30am						6:30-7:00	
7:00am						3 lanes open 7:00-9:00 Boulder Swimming	Lap Swim
7:30am							7:30-8:00
8:00am		4 lanes open 8:00-9:00		4 lanes open 8:00-9:00			<b>2 lane open</b> 8:00-9:30 BAM
8:30am		Drop-in H20 Fit		Drop-in H20 Fit			
9:00am	9:00-10:00 Drop-in H <sub>2</sub> 0 Fit	<b>Lap Swim</b> 9:00-12:00	9:00-10:00 Drop-in H <sub>2</sub> 0 Fit  Lap Swim  3 lanes open 10:30-11:30		9:00-10:00		<b>3 lanes open</b> 9:30-10:30 BAM
9:30am 10:00am					Drop-in H <sub>2</sub> 0 Fit		
10:30am	3 lanes open 10:30-11:30 BAM			9:00-12:00	Lap Swim 3 lanes open		
11:00am					10:30-11:30 Lap Swill		
11:30am			BAM		BAM		Lap Swim
12:00pm	<b>Lap Swim</b> 11:30-4:00	4 lanes open 12:00-1:00 BAM	<b>Lap Swim</b> 11:30-4:00	A longe onen	<b>Lap Swim</b> 11:30-4:00		10:30-1:00
12:30pm				4 lanes open 12:00-1:00 BAM			
1:00pm						3 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board	3 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board
1:30pm		<b>Lap Swim</b> 1:00-4:00		<b>Lap Swim</b> 1:00-4:00			
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm	2 lanes open 4:00-5:30 BHS/Elks	3 lanes open 4:00-5:30 BHS	2 lanes open 4:00-5:30 BHS/Elks	3 lanes open 4:00-5:30 BHS	2 lanes open 4:00-5:30 BHS/Elks	<b>Lap Swim</b> 4:00-6:30	<b>Lap Swim</b> 4:00-7:30
4:30pm							
5:00pm							
5:30pm	6 lanes open	4 lanes open 5:45-6:45 Drop-in Zumba	5 lanes open	6 lanes open Barracudas 5:30-6:30 Lap Swim	6 lanes open		
6:00pm	3 lanes open 6:00-7:00 BAM & Lessons		6 lanes open 6:00-7:00 Lessons		Lap Swim		
6:30pm					6:00-7:00		
7:00pm	4 lanes open Drop in H20 Fit 7:00-8:00	<b>Lap Swim</b> 6:45-9:00	<b>Lap Swim</b> 7:00-9:00	6 lanes open 7:00-8:00 D3			
7:30pm							
8:00pm	<b>Lap Swim</b> 8:00-9:00			Lap Swim			
8:30pm				8:00-9:00			
9:00pm							

"Lanes open" indicates lanes open to the public.

LG In-Service in 2 lanes 7-9PM Tuesday 4/12

LG Training in 2 lanes; 4/22 6-8PM, 4/23 1-4PM, 4/24 10:30-5PM

Swim Meet in ALL LANES 3-7PM Tuesday 4/26